

**EASTERN REGION WOMEN’S COMMITTEE training event and AGM**

**Friday 22nd – 23rd November 2019**

**Holiday Inn, Eight Ash Green**

**10.00am start**

**AGENDA**

**Friday 22nd November**

10 am – Arrival and registration – refreshments provided.

10.30 am - Welcome address by Unison National Women’s Officer, Josie Irwin. ‘’State of the Nation – The Importance of Women in the Trade Union Movement’’.

10.50 am – Menopause workshop hosted by Cheryl Godber.

11.30 am – Break.

11.45 am – Menopause workshop continued.

12.30 pm – Lunch.

1.30 pm – Empowering Women to Lead - workshop hosted by Heike.

3 pm – Break.

3.20 pm – Empowering Women to Lead continued.

5 pm – Finish.

6.30 pm – Dinner.

**Saturday 23rd November**

9.30 am – Welcome address by Carol Sewell, Branch Chair, Walsall Branch. ‘’Women Activists in Unison’’.

9.45 am – Nordic Model workshop hosted by Helen McDonald.

10.45 am – Break.

11:00 am - Nordic Model workshop continued.

12:00 pm – AGM and close of event.

1pm – Lunch.

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| 31st January – 2nd February 2020 | Bournemouth | National Black Member’s conference |
| 13th to 15th February 2020 | Bournemouth | National Women’s conference |
| 7th – 8th March 2020 | Holiday Inn, Eight Ash Green | ERWC Black Women’s conference |
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